



London Diocesan Council
Of
The Catholic Women's League of Canada

One Heart, One Voice, One Mission

To: All Parish Presidents, Christian Family Life Chairpersons
CC: London Diocesan Council
From: Elisabeth Duggan, London Diocesan Chairperson, Christian Family Life
Date: January 23, 2016
Directive # 8

Welcome back and Happy 2016. I pray all of you had a Blessed Christmas with your families. It is a time we can spend with our children and share the meaning of Christmas. Share with our children the story of Jesus' birth and tell them the stories of the Holy Family's journey. Families make up our parishes. Without families we would have a dull life.

Marriage and Family

We celebrate this year 'The Year of Mercy' The works of mercy are charitable actions your family are able to do together. As a family, husband and wife and children are able to come to the aid of a neighbor in spiritual works of mercy or corporal works of mercy. As a family you can decide which of the work's of mercy you would like to work on. Whether as a family you want to work on the Corporal Works of Mercy or the Spiritual. Discuss them and chose one, then you as a family can begin the planning and work that will be required. Working with your children asking for input and developing a plan will make this a spiritual blessing for your family.

Ministry to Youth

The Youth of our parishes are a very important part of our community, they are tomorrow's leaders, parents , they have so much to offer us.

"There are many ideas that can be shared between generations and are a source of growth and renewal for everyone. Some activities could include supporting and encouraging youth ministers, sponsoring / encouraging young people to work in the church or taking part in liturgical services and youth rallies. (Judy Lewis. National Chair of Christian Family Life)

Lent starts February 10th; this may be a great opportunity to get our youth involved, planning a Poor Boy Lunch for Good Friday for example.

Let's ask ourselves:

Are we open to the Holy Spirit? Do we pray to the Holy Spirit to enlighten us, to make us more sensitive to the things of God.

Committee: Christian Family Life

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This is a prayer we need to pray every day:

Holy Spirit,
may my heart be open to the word of God
may my heart be open to good,
may my heart be open to the beauty of God,
every day.

Pope Francis

May Our Lady of Good Counsel Guide you and bless you

Elisabeth Duggan